



Annual Report 2009-2010



A Camphill
Lifesharing Community

The Cascadia Society for Social Working contributes to society by creating opportunities for people of all abilities to fulfill their potential through living, learning and working in community.

President's Report

The year 2009-2010 marks the 11th year that I have been president of the Cascadia Society. During that time, we have tripled in size and have become well-known throughout the North Shore community. This has been due to the inspired efforts of our co-workers, our volunteers and our companions and the various outreach activities that they have undertaken. Our public profile has made us the organization of choice for many families on the North Shore.

That being said, there is much still to do if that choice is to become a reality.

The most important challenges we currently face are:

- Increasing workshop and residential space
- Attracting younger coworkers and board members
- Obtaining 3 year accreditation
- Negotiating appropriate financial support for our programs through both CLBC and our community.

Given the current financial situation in BC and the world in general, meeting these goals will be difficult and will require concerted effort by us all. Based on our past accomplishments however, I believe we can do it

On behalf of the Cascadia Board, I wish to thank all those who have supported us so strongly in the past year.

John Barker

Board of Directors

John Barker, President
Franz Feigl, Vice President
Patricia Smith, Secretary
Peet Nienaber, Treasurer
Keith Hudson
Richard Martin
Ruth Oslund

Management Group

Patricia Smith, Executive Director
Leslie Fish, Administrator
Ruth Oslund, Program Director
Ruth Tschannen, Artistic director
Jade Lamb
Gundula Kientzler-Roehm
Monique Walsh



Cascadia Song (written by Cascadia companions and coworkers)

Between mountains and sea / Is the valley of our home
Circle of life
Where the trees ask the wind/to sigh of their sorrows,
Where the trees ask the birds/to sing of their joys.
My spirit soars with you, oh treasure of my story,
My spirit soars with you, oh voice of my song.

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for Social Working
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Thoughts on Accreditation

Cascadia is a changed organization from what it was in 2006-2007 when ‘accreditation’ first appeared on our horizon. Can I even remember what we were like before accreditation? Back then it was important to me to maintain our very own ‘story’, culture and identity. Cascadia was built on individuals joining to create and uphold a ‘quality of life’.

On our journey we met “Ways to Quality” a valiant work originating in Europe which has developed standards with the recognition of human /organizational creativity, responsibility and values. Ways to Quality has been the platform from which I tried to implement and understand the standards brought to us by CARF (the accreditation group we are working with). We also met “ShareVision”, a computer program designed around our service industry- community living. ShareVision has given us a framework to organize all the documents, reports, forms that are implicit in accreditation.

I suppose that I can take heart now – with my now formal understanding of organizational and business principles through the eyes of CARF –that Cascadia has always done a lot in this realm! However our organizational culture was built on dialogue and conversation. Creating the reports and conducting our conversations along strict CARF pathways has been an education.

My question is whether I am still personally as responsible for our organization as before when our development arose out of many intimate conversations and quests for the right way. CARF says that we will be more accessible to anyone now, this is true. But it has taken a lot of our energies and will there still be that Cascadia that excites people to want to associate with us? Can we still create that atmosphere of brotherly care and confidence in our moving forward?

Survey time is drawing nigh again! We are assisted now by an experienced consultant for whom we are infinitely thankful. The ongoing work load is still tremendous however. After September, our next survey, we can continue to maintain all the channels of information gathering and building an understanding of the web of interconnectedness that exists in our time, and community. Then too I hope we can build new ways to see our social tasks and create the right forms to address them.

Ruth Oslund

The Cascadia Society offers a wide variety of programs and services to meet the individual needs of persons served.

Skills Centre

This program offers a multitude of activities that encourage the development and maintenance of skills. It includes the following:

Artisan workshops: Baskets, Candles, Cards, Knitting, Sewing, Weaving

Garden program, Home skills

Visual and Performing Arts

Adult Education

Independent Programs

Program Outcome: Number of participants attending program choices made by them in their individual service plan: 31

Community Living

Companions and coworkers share their free time and activities in homes integrated into the North Shore community. *Program Outcome:* Number of companions supported in the Cascadia Lifesharing community : 11

Respite Services:

All Cascadia companions are eligible for respite services provided by Cascadia caregivers.

Program outcome: Number of Cascadia companions served by respite program in 2009-2010 fiscal year: 19

Community Integration:

The Cascadia Society offers opportunities for participation in numerous activities in the wider community. These include artistic presentations, volunteerism, leisure activities, use of community resources, and vocational training. *Program Outcome:* Number of individuals in all Cascadia programs who have participated in community activities of their choice: 100%



Cascadia had its chance to shine in a collaboration - "Animal Tales" - with the Sinfonia Orchestra of the North Shore, including students from local high schools. This is a scene from "Peter and the Wolf".

"Thank you for forwarding the testimonials from the "Animal Tales" concert; it certainly makes for very rewarding reading. We, of course, are very pleased to have had a small role in helping out, but the "kudos" are all due to you and our mutual friends at Sinfonia for being able to bring such an ambitious and important project to fruition. The level of work and energy and commitment that goes, not only into the concert performance but more importantly into everything that leads up to it, is remarkable. Congratulations on a profoundly successful project."

*John Rice, Cultural Development Officer,
The Arts Office, North Vancouver*

Donations

Thank you to all the individuals, foundations, clubs and businesses who have generously made donations over the past year, April 1/09 to March 31/10.

Individuals

Alexander, John
 Banta, Elizabeth
 Barker, John & Martha
 Carmack, Mary
 Chase, Ester
 Collins, Michael
 Deery, Watson & Janice
 Didier, Suzanne
 Driehuyzen, Hein & Gretel
 Evans, Catherine
 Feigl, Franz & Margaret
 Fish, Leslie
 Gold, Monica
 Greene, Catherine
 Habashi, Manijeh
 Hall, Michael & Allison
 Harris, Pam
 Hasegawa, Minoru & Shizue
 Lepawsky, Diane
 Locey, Susan
 McKenzie, Maria
 McLaughlin, Margot & John
 McQuilkin, Ida
 McTaggart, Catherine

Meier, Rhoda
 Morton, Kyle
 Moser, Marianne & Louis
 Pallant, Teresa & Roy
 Peloso, Jean
 Puls, Margaret
 Rinpoche
 Roboz, Michael
 Rogson, M
 Rucker, Dr. Christian
 Sackreuther, Michael
 Schiller, Mr & Mrs
 Schmidt, Alice
 Scorda, Sam & Helgi
 Skuse, Gerry & Geoff
 Smith, Patricia
 Tassell, Mary
 Thatcher, Marjorie
 Thomas, Aaron
 Tschannen, Ruth
 Van der Laan, Marjanne
 Vondruska, Ferdinand
 Wilby, Elizabeth
 Yamashita, June & Tony

Companies

Bio Pacific
 Capilano Lions Club
 Confratellanza Italo-Canadese
 Husky Group
 Lynn Valley Lions
 Anthroposophic Therapeutic Society
 Royal Trust (Ramsay, N)
 Synergy Collective Society
 Terra Breads
 Violet Management

Grants

District of North Vancouver - Music Grant
 Arts Office (North Vancouver) - Animal Tales Grant
 Vancouver Coastal Health - Urban Agriculture Grant

THE CASCADIA SOCIETY FOR SOCIAL WORKING

STATEMENT OF FINANCIAL POSITION

March 31, 2010

ASSETS

	<u>2010</u>	<u>2009</u>
Current Assets		
Cash and short term investments	\$ 246,198	\$ 212,004
Accounts receivable and prepaid expenses	27,430	26,012
	273,628	238,016
Internally Restricted Funds	83,534	83,034
Capital assets	1,797,192	1,833,944
	\$ 2,154,354	\$ 2,154,994

LIABILITIES

Current Liabilities		
Accounts payable and accrued liabilities	\$ 19,117	\$ 50,837
Deferred revenue	9,805	-
Current portion of long term liabilities	98,262	98,262
	127,184	149,099
Long Term Liabilities		
Loans and mortgages	1,303,961	1,336,848
	1,431,145	1,485,947

NET ASSETS

Net Assets		
Investment in Net Assets	394,969	398,834
Internally Restricted Net Assets	83,534	83,034
Unrestricted Net Assets	244,706	187,179
	723,209	669,047
	\$ 2,154,354	\$ 2,154,994

THE CASCADIA SOCIETY FOR SOCIAL WORKING

STATEMENT OF OPERATIONS AND CHANGES IN NET ASSETS

Year ended
March 31, 2010

	<u>2010</u>	<u>2009</u>
REVENUE	\$ 1,023,785	\$ 990,781
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EXPENSES		
Administration	102,628	89,861
Program expenses	355,635	344,760
Salaries and benefits	511,360	490,750
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	969,623	925,371
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Excess of revenue over expenses	54,162	65,410
Net Assets opening balances	669,047	603,637
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Net Assets closing balances	\$ 723,209	\$ 669,047

Cascadia Statistics:

A 2009 survey showed the following demographics about the people we serve:

Ages: 21-30: 52%

Male: 19

31-40: 28%

Female: 12

41-50: 14%

51-60: 6%

Length of involvement in the Cascadia program:

<1 year: 3%

5-10 years: 38%

<5 years: 35%

>10 years: 24%